

#### FEB.13 THRU FEB. 19

Mon.	Communion Service	8:00 a.m.
Tuesday	Communion Service	6:45 a.m.
Wed.	Evelyn Looby +	6:45 a.m.
Thur.	Rev. Rembert Weakland	+ 6:45 a.m.
Friday	Stephen Kotlarz +	6:45 a.m.
Saturday	Loretta DeMarco +	5:00 p.m.
Sunday	People of St. Joseph	9:00 a.m.



# **REMEMBER IN OUR PRAYERS**

For the sick: Sally Leyden, Jerry Martin, Wes Erhart, Marjorie Bauman, Frank Riha, Margaret Wilson, Paul Nitsick, Dennis Folkers

Please let us know if a person needs to be removed from our Prayer List.

# **UPCOMING EVENTS**

Wed., Feb. 15, Senior Game Day, 1 p.m. Wed., Feb. 15, RE, 6:15 p.m.



## SATURDAY, FEB. 18, 5:00 P.M.

EMHC: Tim Johnson

Lectors: Harold Starks-Ken Patry

Deacon: Dave Krueger

Greeters: Sharon VanTassell-Dave Jones

Singers:

# SUNDAY, FEB. 19, 9:00 A.M.

EMHC: Ron Cacka

Lectors: Jeff Needels-Mike Kalen

Deacon: Terry Ficenec Servers: Osborn Boys

Greeters: Dave Kulm-Kathleen Pratt Singers: Ralph & Co.-Mary Iverson

# "Preparing to Receive the Mercy of Good Friday"

Parish Mission

Given By Fr. Dominik Urban

Sunday, March 5th @ 5:30pm - 6:15pm

~Bring your favorite soup to share for a *Potluck Soup Supper* beforehand @ 4:30pm in the Parish Hall.

# FROM THE PASTOR

Dear St. Joseph Parishioners,

Later this month, you may notice in the Sacrament of Confession that the words of absolution will undergo some change. The reason for this is that there is a new translation of the prayer that the priest says for absolution. This translation is closer to the Latin text—the source text—than our current formula. The new words will be similar, but if they seem surprising or even jarring, here is what you will be able to expect:

"God, the Father of mercies, through the Death and Resurrection of his Son has reconciled the world to himself and poured out the Holy Spirit for the forgiveness of sins; through the ministry of the Church may God grant you pardon and peace, and I absolve you from your sins in the name of the Father, and of the Son, + and of the Holy Spirit. Amen."

This new formula will go into effect on Ash Wednesday. Included with the bulletin this week is also a confession guide as a refresher for Lent.

Have a great week!

Best, Fr. Scott

# **OFFERING**

Weekend of Feb. 5, 2023



Sunday Envelopes \$ 3936.00 Building Fund \$ 185.00 Seminary \$ 70.00

Black & Indian Mission

#### **THANK YOU**

Many thanks to everyone who generously participated in the January charity drive, which benefitted the new St. Teresa Market food pantry at Catholic Charities. Our parish filled a number of empty shelves with over 900 pounds of food, personal hygiene and other items; 1237 diapers, and a \$100 contribution made through the Ladies Guild. This was a terrific effort on the part of many, one which goes a good distance toward helping families overcome hunger and food insecurity. Thank you!



# Knights of Columbus/Ladies' Guild Senior Scholarship Deadline March 19

The Knights of Columbus and Ladies' Guild offers scholarships to graduating high school seniors and home school students on a competitive basis. Scholarships will be awarded based on service to St. Joseph, as well as activities and leadership in the church, school and community. The dollar amount has not been determined. Preference will be given to active St. Joseph Knights of Columbus and Ladies Guild family members.

To qualify, you must be an active member or daughter/son or dependent of a member of St. Joseph Catholic Church in Springfield, per the current church directory. You also must graduate from high school or complete home schooling in the 2022-23 academic year. Finally, you must be accepted at any 2- or 4-year college or vocational school.

Return your typed and signed application to the Knights of Columbus mailbox by 10 a.m. on Sunday, March 19. Disbursement will be made upon verification of college attendance. Contact Kevin Schuster at kevin.schuster@ymail.com with questions.

# **Chaplet of the Seven Sorrows of Mary**

The Chaplet of the Seven Sorrows of Mary is a Lenten devotion to Our Blessed Mother. Every Friday following the morning mass during the Lenten Season we will pray the Chaplet of the Seven Sorrows of Mary. This is a great time to give of ourselves in prayer and devotion as we reflect on the Passion of Christ. Please come and join in this prayer.

### IN LOVING MSEMORY

Please remember Delores Kreifels, mother of Mick Kreifels, Marla Kildow, Jeff Kreifels and Angie Carlson and their siblings, in your prayers. Delores passed away this past week.

#### **Live Lent Together**

This Lent, join a group of friends, family, co-workers or fellow parishioners on a journey of reflection, prayer and fellowship. St. Joseph's has several small groups to join. You can sign up in the credenza or online at www.stjosephspringfield.org under "Live Lent Together' on the Home Page. If you have any questions or would like to start your own group, contact Father Scott.

Sunday @ 4:30pm - Men's and Women's Group in Louisville at Chris and Abbey Josef's and James and Ann Kavanuagh's house (Childcare Provided)

Monday @ 6:30pm - Youth Group Parents in Springfield at Tom and Trista Welsh's House

Monday @ 7:00pm - Men's Group at the Parish Rectory

Tuesday @ 6:00pm - Women's Group in the Parish Hall

Tuesday @ 7:30pm - Women's Group in Springfield at Julie Nieveen's House

Wednesday @ 7:00pm - Mixed Group in Springfield at John and Kari Cronican's House

Wednesday @ 7:00pm - Mixed Group in Villa Springs at Bryan Gustafson's House

Thursday @ 7:30am - Mixed Group in the Parish Hall

Thursday @ 7:00pm - Women's Group in the RE Building

## **Knights of Columbus Fish Fries Set for March**

Are you looking for Friday night dinner plans in March? Well, you can search no further than the Social Hall.

The Knights of Columbus will host fish fries Friday, March 3, 10, 24 and 31 from 5 to 7:30 p.m. As a bonus, the Knights also will have a barbecue on Friday, March 17 from 5 to 7:30 p.m. in honor of St. Patrick's Day. The Omaha Archdiocese has declared March 17 as a meat dispensation day.

# Steps for making a good Confession:

- 1. Pray that the Holy Spirit will help you to know your sins.
- 2. Examine your conscience.
- 3. Express in prayer your sorrow for having committed these sins, or pray for the help to be truly sorry.
- 4. Resolve not to commit these sins again, and to avoid the situations that lead to sin.
- 5. Confess your sins to the priest.
- 6. Pray or perform the penance the priest gives you as soon as possible.

# **Prayer Before Confession**

Come Holy Spirit into my soul. Enlighten my mind that I may know the sins I ought to confess, and grant me your grace to confess them fully, humbly and with contrite heart. Help me to firmly resolve not to commit them again. O Blessed Virgin, Mother of my Redeemer, mirror of innocence and sanctity, and refuge of penitent sinners, intercede for me through the Passion of Your Son, that I may obtain the grace to make a good confession. All you blessed Angels and Saints of God, pray for me, a most miserable sinner, that I may repent from my evil ways, that my heart may henceforth be forever untied with yours in eternal love. Amen.

# Act of Contrition

O my God I am heartily sorry for having offended You, and I detest all my sins because Your just punishments, but most of all because they offend You, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasions of sin. Amen.

Guide for making an Individual Confession:

- Begin by making the sign of the cross and saying:
   "Bless me Father for I have sinned. I has been (how long?) since my last confession."
- The priest may give you a blessing at this time. If he has already done so, continue by confession your sins, in kind and number, to the best of your ability:
  - "These are my sins..."
- You may conclude by saying:
   "For these and all my sins, I am sorry."

If you do not know how to confess, feel uneasy, or forget your sins, ask the priest to help you.

• The priest may offer some advice and will assign you your penance. He may then ask you to pray an

#### Act of Contrition

• The priest will then grant you *Absolution*:

God, the Father of mercies, through the death and resurrection of his Son has reconciled the world to Himself and poured out the Holy Spirit for the forgiveness of sins; through the ministry of the Church may God grant you pardon and peace, and I absolve you from your sins in the name of the Father, + and of the Son, and of the Holy Spirit.

# Respond: "Amen."

• The priest may say: "Give thanks to the Lord, for He is good."

Respond: "His mercy endures forever!"

Priest: "Go in peace."

• After Confession, pray or perform your penance as soon as possible. It is a good practice to pray and extra prayer for your priest-confessor.

# Guide to Confession



I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who have no need of repentance. (Luke 15:7)

# **Examination of Conscience**

#### The Ten Commandments:

- I: I am the Lord your God: you shall not have strange gods before me.
  - Have I denied the existence of God?
  - Does someone or something other than God influence my choices?
  - Have I doubted or denied my faith?
  - Have I rejected the Christian faith, associating myself formally with another religion?
  - Have I received communion at a non-Catholic service?
  - Have I engaged in superstitious or occult practices?

# II: You shall not take the Name of the Lord your God in vain.

- Have I used the name of God in cursing or blasphemy?
- Have I failed to keep the vows or promises that I have made to God?
- Have I spoken about the Church, the saints, or sacred thing with irreverence, hatred, or defiance?
- Have I watched television or movies, or listened to music that treated God, the Church, the saints, or sacred things irreverently?
- Have I been disrespectful in my behavior in Church?

#### III: Remember to keep holy the Lord's Day.

- Have I set time aside each day for personal prayer to God?
- Have I missed Mass on Sunday or other Holy Days of Obligation?
- Did I habitually come late to and/or leave early from Mass without a good reason?
- Have I fasted an hour before receiving Communion?
- Have I received a sacrament while in a state of mortal sin?
- Did I do unnecessary shopping and business on Sunday and the other Holy Days of Obligation?
- Do I do penance every Friday, if not abstaining from meat, then some other form of penance?
- If I am 14 years of age or older, did I abstain from meat on Ash Wednesday and the Fridays of Lent?
- If I am between the ages of 18 and 59, did I fast on Ash Wednesday and Good Friday?

## VI: Honor your father and mother.

 If still under the care of my parents, did I obey all that they reasonably asked of me?

- Have I neglected the needs of my parents in their old age or in their time of need?
- Do I live in humble obedience to those who legitimately exercise authority over me?
- Have I provided for the religious education and formation of my children for as long as they are under my care?
- Have I broken the law?

#### V: You shall not kill.

- Have I intentionally killed a human being?
- Have I procured, performed, cooperated, or advised another in the intentional killing of an unborn child through abortion?
- Have I seriously considered or attempted suicide?
- Have I unjustly inflicted bodily harm on another person?
- Have I afflicted another person with verbal or emotional abuse?
- Have I failed to forgive?
- Have I harbored hatred, anger, or resentment?
- Am I prejudiced or have I unjustly discriminated against others because of their race, color, nationality, gender or religion?
- Did I, by my actions, recklessly endanger my life or health, or that of another person?
- Have I gotten drunk or abused drugs?
- Do I endanger my health by not eating right or exercising?
- Have I encouraged others to sin by giving scandal?

# VI: You shall not commit adultery.

- IX: You shall not covet your neighbor's wife.
  - Have I committed adultery, having sexual relations with someone who is married, or with someone other than my spouse?
  - Have I committed fornication, having sexual relations with someone of the opposite sex when neither of us is married?
  - Have I committed sodomy, having sexual relations with someone of my own sex?
  - Have I raped someone?
  - Have I committed masturbation (impurity with self), using my sexual organs for my own sexual pleasure?
  - Have I engaged in sexual foreplay reserved for marriage?
  - Have I used artificial means of birth control?
  - Have I undergone an operation to render myself sterile for contraceptive purposes?
  - Have I willfully entertained impure thoughts?

- Have I purchased or made use of pornography in any form?
- Have I watched movies and television that involve sex and nudity?
- Have I listened to music or jokes that are harmful to purity?
- Have I set out to seduce someone, or allowed myself to be seduced?
- Have I made uninvited and unwelcome sexual advances toward another?
- Have I purposely dressed immodestly?
- Am I living in a valid and licit marriage according to the laws of the Catholic Church?
- Have I given scandal by living with a member of the opposite sex without the benefit of marriage?

# VII: You shall not steal. X: You shall not covet your ne

# You shall not covet your neighbor's goods.

- Did I take something that doesn't belong to me?
- Did I deface, destroy, or lose another's property without making restitution?
- Did I cheat on a test, on my taxes, or in business?
- Do I pay employees a living wage, or fail to give a full day's work for a full day's pay?
- Did I take advantage of another's hardship or ignorance by charging more for a product than it is worth?
- Have I squandered money in compulsive gambling?
- Am I envious of others on account of their possessions?
- Have I misused natural resources?
- Do I contribute my time, talents, and money to support the poor, my parish, and the work of the Church?

# VIII: You shall not bear false witness against your neighbor.

- Have I deceived another by lying?
- Did I perjure myself under oath?
- Am I guilty of passing gossip?
- Am I guilty of detraction, destroying a person's reputation by telling others about his faults for no good reason?
- Am I guilty of slander or calumny, telling lies about another person in order to destroy his reputation?
- Am I guilty of libel, writing lies about another person in order to destroy his reputation?
- Am I guilty of rash judgment, assuming the worst of another person based on circumstantial evidence?
- Have I failed to make reparation for a lie I told, or for harm done to a person's reputation?
- Did I betray another's confidence through speech?